

TRANSITIONING FROM THE BASIC CENTER

PROGRAM-OVERCOMING BARRIERS THROUGH EVIDENCE INFORMED PRACTICES



ABOUT THE PRESENTERS

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OBJECTIVES

1. Inform participants about the obstacles transitioning RHY face.
2. Discuss techniques to assist youth with transitioning from BCP

Intake and Assessment of Needs

- Screening for eligibility for BCP services
- Criteria that ensure that the BCP is the best fit for each youth's needs
- Specific tools that assess youth needs as identified in the comprehensive youth centered service model
 - Positive Youth Development
 - Trauma Informed
- Harm Reduction
- identify victims or at risk of human trafficking (sex and labor)
- Gateway Services

EVIDENCE-INFORMED SUPPORT

Family Systems Theory

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- Linkage to other systems and social supports

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Stages of Change

- Identification of youth and family's positions within stages to increase effectiveness

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Support their mental health needs?



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Support their mental health needs?

Are aware of adolescent brain development?

Acknowledges and addresses possible fears?

Develop confidence to navigate multiple resources and systems?



How are these skills and tasks linked to the core outcomes of the Basic Center Program

- Social and Emotional Well-being
- Permanent Connections
- Education or Employment
- Safe and Stable Housing

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- The average composite score of general health, mental health, and dental health status will be higher at exit from a BCP shelter program than at entry (as reported in RHY-HMIS)
- The percentage of youth upon exiting BCP shelter who report that there is at least one adult in their life, other than RHY program staff to whom they can go for advice or emotional support (tracked internally and reported in Program Progress Report based on funded application outcomes)
- 60% of youth leaving the BCP shelter will be attending school or have graduated from high school or obtained a General Education Development Certificate (as reported in RHY-HMIS)
- 20% of youth leaving BCP Shelter will be employed or looking for work (as reported in RHY-HMIS)

How are these skills and tasks linked to the core outcomes of the Basic Center Program-Cont.

- 85% of youth who receive BCP Prevention services will be diverted from entering an emergency shelter and will exit to another safe and stable destination.
- Report the type of counseling each youth received (individual, family, and/or group counseling), the participation rate based on a youth's service plan or treatment plan, and the completion rate for each service provided based on the youth's service plan or treatment plan (based on funded application outcomes)
- Report the completion rate for services provided for youth who receive street based services or home based services or sexually transmitted disease testing (based on funded application outcomes)
- Report the type of destination for each youth who exits the BCP (90% safe and appropriate as reported in RHY-HMIS)

COLLABORATIONS

Collaborations with formal and informal support systems:

- Street Outreach Teams
- School counselors
- Local law enforcement
- Other local youth serving agencies
- National or local crisis hotlines
- Mental health agencies
- Full Employment Council

ACTIVITY

Scenario #1:

Ty is a biracial (black and white) male who has been homeless multiple times in his life while in his mother's care. They are new to this rural area and once again homeless, only this time Ty is about to turn 18. Ty has neglected his education but he appears to be highly intelligent. He is also very protective of women. Additionally, his mother reports he is autistic but very high functioning.

ACTIVITY

Scenario #2:

Precious a black bisexual female, who is 17 years old. She came to shelter when she found out she was pregnant and her significantly older partner did not take the news well, telling her she had to “get rid of it” and kicked her out. The shelter is in a suburb of the city and this is her first time accessing shelter services.