

Youth Connection Scale

[A] Support Indicators: Answer yes, no or somewhat for each indicator. *These do not have to be from the same adult.*

You have an adult in your life whom you will be able to count on for the following support after you leave foster care/transitional living program:

Yes	Somewhat	No	Indicator
			Providing a place to go for the holidays
			Providing an emergency place to stay
			Providing cash in times of emergency
			Help with job search assistance or career counseling, or providing a reference for you
			Help with finding an apartment or co-signing a lease
			Help with school (homework, re-enrolling in school, help in applying to colleges)
			Assisting with daily living skills such as cooking, budgeting, paying bills and housecleaning
			Providing storage space during transition times
			Emotional support – a caring adult to talk to
			Sharing in or supporting experiences of youth’s cultural and spiritual identity
			Checking in on you regularly to see how you are doing
			Assisting with medical appointments so you do not have to experience that alone
			Assisting with finding and accessing community resources
			A place to go for occasional meals
			Help providing transportation, help with purchasing a car or figuring out public transportation
			Someone to send care packages to you
			Assisting with purchasing cell phone and service (such as a family plan)
			A place to do laundry
			Someone who affirms individual’s identity

[B] Strength of Youth Connections to Supportive Adults: For each category indicate the strength of relationship between you and the adult right now. *In categories where there may be more than one person, chose the most meaningful relationship and answer about that person.*

Very Weak: No contact

Weak: Infrequent contact; can’t count on for support

Moderate: Some contact but not consistent; you feel a Connection but can’t count on the adult all the time

Strong: Contact at least once per month; you feel a connection of the heart, mind or spirit with the person; You can usually count on the person

Very Strong: Contact at least once per week; youth feels a long-term connection of heart, mind or spirit; you can count on adult being present when needed.

N/A: Not applicable because adult is deceased or you have no adult siblings

	Very Weak	Weak	Moderate	Strong	Very Strong	N/A
Parent 1 (birth, adoptive, step or an adult who filled that role)						
Parent 2 (birth, adoptive, step or an adult who filled that role)						
Adult Siblings						
Other Adult Relatives						
Other caring adult (current/former teacher, therapist, spiritual leader, etc)						
Other caring adult (current/former teacher, therapist, spiritual leader, etc)						

Name/Relationship of other caring adult identified: _____