

## Context

# A broad & hidden challenge

1 in 10

young adults ages 18 to 25 endures some form of homelessness in a year. Half of the prevalence involves couch surfing only.

1 in 30

adolescent minors ages 13 to 17 endures some form of homelessness in a year. A quarter of the prevalence involves couch surfing only.

Rates of youth experiencing homelessness were similar in rural and nonrural areas.

Youth 13-17

4.2%

Household prevalence in urban counties.

4.4%

Household prevalence in rural counties.

Young Adults 18-25

9.6%

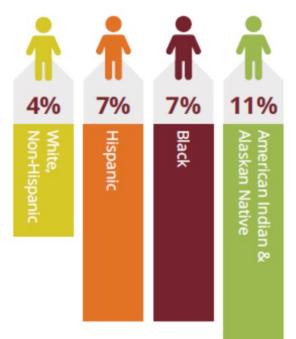
Population prevalence in urban counties.

9.2%

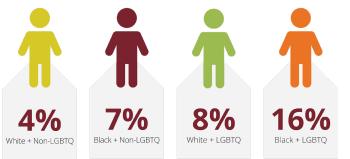
Population prevalence in rural counties.

# Centering on Racial Equity

Youth of color experience higher rates of homelessness.



Explicit homelessness over the last 12 months, self-reported by young adults, ages 18-25. These estimates do not include reports of couch surfing only.







ABOUT US

IMPACT AREAS

OUR WORK

EXPERTS

CAREER

#### Report

#### Assessment of New York City's Homelessness System Reveals Opportunities and Challenges to Meet Youth's Needs

2019

By Matthew Morton, Melissa Kull, Erin Devorah Carreon, Raúl Chávez, Alison Chrisler, Jha'asryel-Akquil Bishop













# Why Direct Cash Transfers (DCTs)?

- What young people want
- Current interventions failing to achieve population impact & largely lack evidence of effectiveness
- A fast, flexible, and scalable housing solution
- An instrument for racial and LGBTQ+ equity and justice
- Cost-efficient
- Potential for positive spillover effects







ABOUT US

IMPACT AREAS OUR WORK EXPERTS

Public-Private Partnership Launches the First **Direct Cash Transfer Study for Addressing Young Adult Homelessness** 

New initiative aims to empower young people, increase their access to safe and stable housing, and improve evidence on what works

June 17, 2021



# NYC Trust Youth Initiative

# Co-creation & actionable evidence





#### Global Evidence Base

165+ impact studies of cash transfers



Little evidence that cash transfers are "wasted" or foster dependency/labor withdraw



Positive effects on poverty, child & youth outcomes, and well-being



Cost-effective over other approaches



Positive spillover effects



Counter race, class, & gender-based injustices



#### A Phased Approach

- Mixed-methods, multistakeholder process
- Co-creation with young people
- Pre-implementation

Design & readiness

#### Pilot

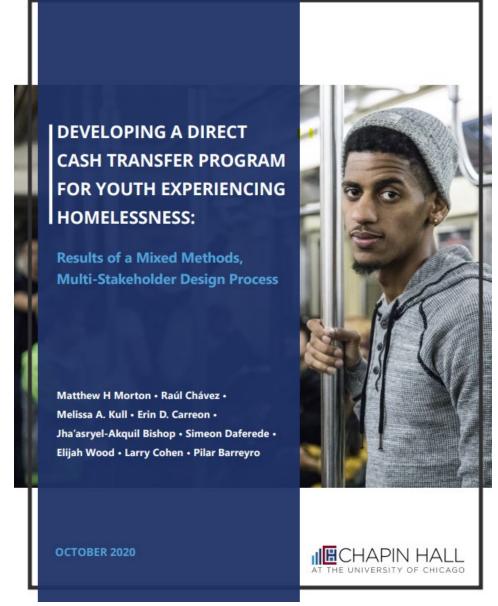
• Pilot implementation & 1year evaluation with small sample; refine the program

- Evaluation with larger sample, longer timeframe (2.5-3 years follow-up)
- Disseminate, scale, & innovate

Full evaluation & dissemination

# A collaborative process shaped the project





"Cash Plus"
Program
Design





### Objectives



Safe & stable housing

Empowerment

Human capital formation

Racial & LGBTQ equity

**Cost-effectiveness** 

#### Co-Created by Young People



## Eligibility Criteria

- 18 to 24 years old
- Recruited through drop-in center and shelter programs
- Currently homeless (any federal definition)
- Sheltered or unsheltered homelessness in last 3 months
- Not expected to have permanent housing solution within 30 days (e.g., with housing voucher, supportive housing)

# The Program: A "Cash Plus" Model

FOR YOUNG PEOPLE, BY YOUNG PEOPLE: **Direct Cash Transfers** 

#### Cash

- About \$30K paid unconditionally over 24 months
  - ➤\$550 paid twice per month for 24 months
  - >One-time \$3,000
- UpTogether Platform: multiple payout options (Venmo, PayPal, direct deposit, prepaid card)

#### Plus

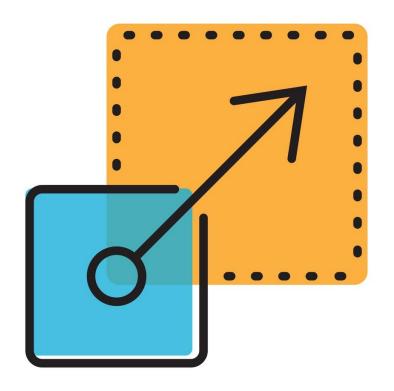
- Support team: Coach (social worker), peer support, program manager
- Delivering: Counseling & advocacy, benefits counseling, housing navigation, financial coaching, connections to care, education & career counseling/support
- Evidence based/informed wherever possible
- Flexible: Virtual & in-person





## **Building for Scale**

- Public-private partnership model
- Evaluation for actionable evidence
- Scalable cash transfers infrastructure customized with and for youth (UpTogether)
- Policy analysis and actions on taxes and public benefits
- Implementation resources and fidelity tools (e.g., RFP, Implementation Manual, Handbook, and SIC tool)



# DCTs with and for Youth and Young Adults

#### Designing a DCT Program



Assessment of Safety Net



Co-Creation,
Collaboration with
Community



Population(s), Context



Objectives, Goals, Outcomes

#### Resources

https://www.pointsourceyouth.org/directcashtransfers



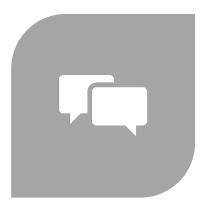
https://www.chapinhall.org/research/direct-cashtransfers-program-can-help-youth-sustainably-exithomelessness/



# Thank you!



THOUGHTS OR QUESTIONS?



**CONTACT US** 





#### Thank You!

#### Please complete the evaluation for this session.

Click on the link in the Chat, then select:

Day One

Workshop

Direct Cash Transfers with and for Youth & Young Adults