

Transforming Trauma into Trust

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Guests: St. Louis Story Stitchers and
the Full Frame Initiative



T³ Check-In

- Is there any discomfort or pain in your body?
 - Where is it?
- Did you sleep as much as you needed to sleep last night?
- Did you eat the foods you wanted and needed to eat today?
- Have you spent time in a place where you felt you belonged?
- Do you have what you need?
- Do you contribute to “The Work” in a way that feels meaningful to you?
- Do you feel safe?

Transformation

What is your WHY?

Transformation

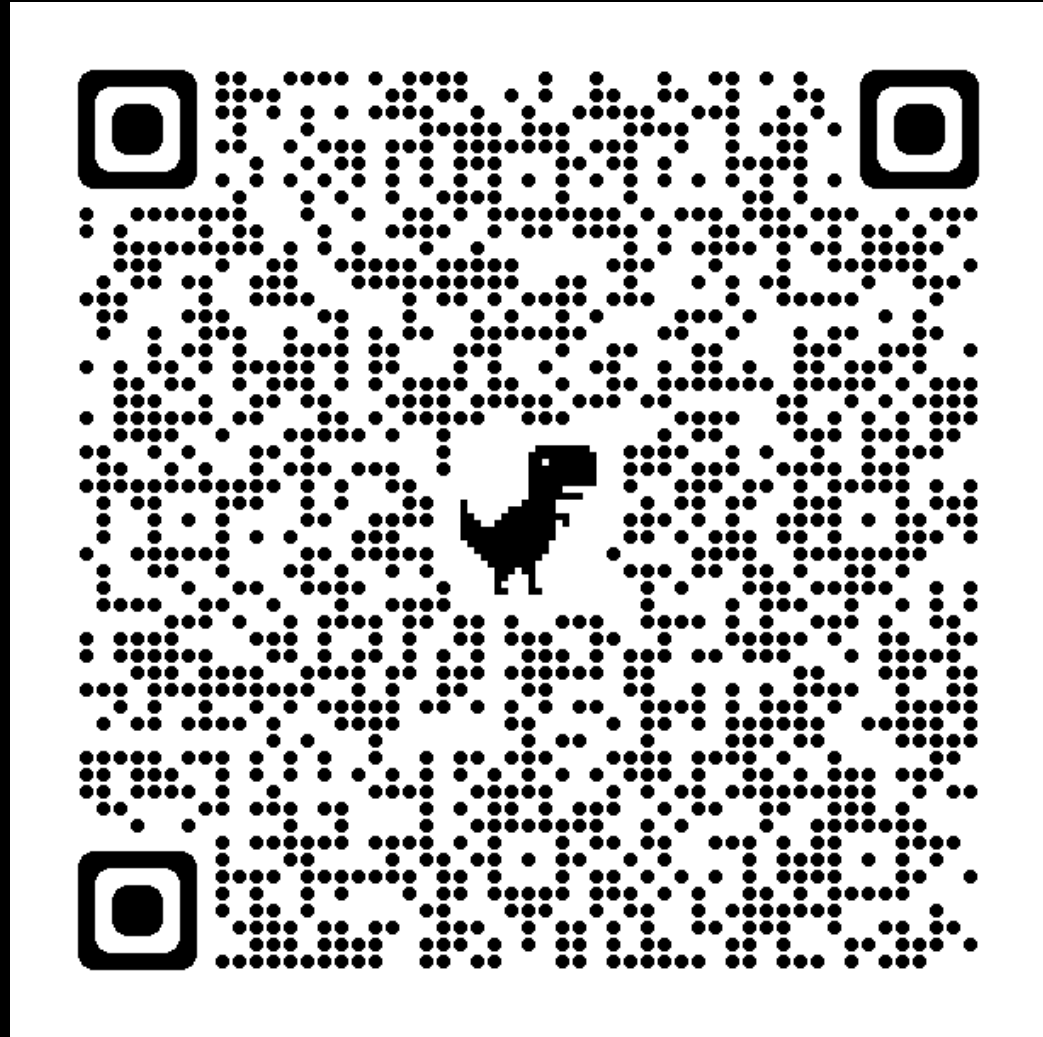
Where do you need to say NO
so that you can say YES?

Transformation

As you center the most the
most vulnerable, have you
considered yourself?

Thank You

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Thank You!

Please complete the evaluation for this session.

Click on the link in the Chat, then select:

Day One

Workshop

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