



Runaway and Homeless Youth Training & Technical Assistance Center

RHYTTAC Services & Website Overview

Mark Wolf, Training and TA Director

Kim Frierson, Training Specialist

April Carthorn, General Specialist

Shauna Brooks, Performance and Evaluation Specialist

Eric Tadatada, TA Specialist



Operated by:



Learning Objectives:

To provide information on the purpose and function of the Runaway and Homeless Youth Training and Technical Assistance Center (RHYTTAC)

To provide information on the specific services, resources, and supports provided by RHYTTAC

To provide specific information on accessing, navigating, and utilizing the RHYTTAC website

RHYTTAC Program Purpose:

The purpose of the Runaway and Homeless Youth Training and Technical Assistance Center (RHYTTAC) is to provide training and technical assistance to FYSB's Runaway and Homeless Youth (RHY) Program grantees and allied professionals with:

- Developing effective approaches to serving RHY;
- Accessing new resources to enhance grantees ability to serve RHY and;
- Establishing linkages with other programs with similar interests and concerns.

RHYTTAC Goals and Objectives

- Deliver a comprehensive array of technical assistance and training
- Enhance public awareness
- Support service innovation by identifying evidence-based practices
- Expand the capacity of runaway and homeless youth grantees to offer services that are culturally relevant, linguistically appropriate, and accessible to youth from diverse populations
- Develop and enhance intervention and prevention strategies by fostering promising practice development
- Engage institutions to assist with the development of systemic improvements and responses to runaway and homeless youth

RHYTTAC Goals and Objectives (Cont.):

- Provide workforce development options and enhance knowledge of public welfare policies
- Expand the capacity of programs to offer trauma-informed services
- Expand the capacity of programs to employ Positive Youth Development focused services
- Expand the capacity of programs to address the needs of victims/survivors of human trafficking
- Address emerging issues through training and technical assistance
- Lead or contribute to information gathering related to runaway and homeless youth prevention or intervention
- Build and contribute to an evidence-base for services, programs, and strategies for runaway and homeless youth intervention and prevention

Runaway and Homeless Youth Training and Technical Assistance Center

- RHYTTAC provides tools, resources and consultation to assist FYSB RHY grantees so that they may engage in continuous quality improvement of their services and build their capacity to effectively serve RHY..
- Training services include on-site topic-based training, online training, regional meetings and an annual National Training.
- Technical assistance services can include the provision of relevant resources; telephone consultation; email exchanges; Community of Practice support; on-site assessment and consultation to address program-specific needs.
- RHYTTAC staff members all have a background in FYSB-funded RHY program services and understand the challenges programs face in striving to achieve the best possible outcomes in the midst of staff turnover, community change and ever-emerging needs of the RHY population.

Training

The screenshot shows a web browser window with the address bar displaying <https://www.rhyttac.net/training>. The page header includes the FYSB logo (Family & Youth Services Bureau) and the text "Runaway and Homeless Youth Training & Technical Assistance Center". A "Member Login" button and a search bar are also present. A navigation menu contains links for Home, About, Training, Technical Assistance, Support Center, Event Calendar, Research, Resources, and Connect. The main content area is titled "Training Opportunities" and contains the following text:

RHYTTAC is committed to providing training for RHY grantees that is grantee driven, relevant, and based on best practice. Training is provided by NSPN staff as well as SMEs from the field and is delivered in a number of ways to ensure maximum access. The RHYTTAC team is here to serve you, the grantees, and you are encouraged to make full use of the training opportunities and to communicate your particular training needs to RHYTTAC.

RHYTTAC provides the following training opportunities:

Recorded Webinars – Webinars are recorded and posted monthly to the eLearning site for RHY grantees to review when convenient.

Facilitated Webinars – Facilitated webinars are hosted monthly for RHY grantees. Upcoming topics are listed on the training calendar and preregistration is required. These sessions provide an opportunity for grantees to engage the presenter and to have questions answered by posting them during the session. The webinars are recorded for future viewing by grantees who cannot attend the facilitated session when scheduled.

On the right side, there is a "Social" section with a Facebook widget for "Runaway and Homeless Youth Training and Technical Assistance Center" and a news snippet titled "Voices of Youth Count released the first in a series of research-to-impact briefs by Cherie Hill of the..."

The Windows taskbar at the bottom shows the time as 2:31 PM on 2/5/2018.

Training

The purpose of training is to provide RHY programs and grantees with highly competent, trained staff who meet the standards and expectations of the Family and Youth Services Bureau.

- Training is delivered in a number of ways and for all skill and experience levels.

RHYTTAC utilizes a variety of means to ascertain grantee priorities for needed, relevant training topics. Sources for grantee directed trainings include:

- Annual grantee assessment
- Representative Advisory Board
- Communities of Practice discussions
- Requests by grantees and FPO's for technical assistance ([request TA support online](#))
- Grantee requests for pick up training

FYSB Required Trainings

- Aftercare services or counseling
- Background checks
- Core competencies of youth workers
- Core support services
- Crisis intervention techniques
- Cultural and linguistic diversity
- Development of coordinated networks of private nonprofit agencies and/or public agencies to provide services
- Ethics and staff safety
- Fiscal management
- Low cost community alternatives for runaway or otherwise homeless youth
- Positive youth development

FYSB Required Trainings

- Program management
- Risk and protective factors related to youth homelessness
- Screening and assessment practices
- Shelter facility staff development
- Special populations (tribal youth, LGBTQ, intersex youth, youth with disabilities, youth victims of trafficking, sexual exploitation or sexual abuse)
- Trauma and the effects of trauma on youth
- Use of evidence-based and evidence-informed interventions
- Youth and family counseling
- Confidentiality policies and protocols

Training Formats

- Recorded and Facilitated Webinars
- On-site training/Pick-ups
- Training of Trainers
- Research-based curriculum training
- E-Learning
- Regional Meetings
- RHY National Trainings

RHYTTAC Webinars

- Recorded and facilitated webinars are available from RHYTTAC
- Check RHYTTAC Event Calendar for upcoming trainings - https://www.rhyttac.net/index.php?option=com_jevents&task=month.calendar&Itemid=124&year=2018&month=02&day=05
- Webinars archived on RHYTTAC E-Learning website - <http://rhyttac.training.reliaslearning.com>

On-site Trainings/Pick-ups

- Training of trainers
 - Trauma informed care
 - Demonstrating Effectiveness
 - Evidence-based practice
- Research-based curriculum training
 - Youth Thrive
 - Child and Youth Care Foundations
 - Mental Health First Aid

Research-Based Training: Youth Thrive

- The Center for the Study of Social Policy (CSSP) developed Youth Thrive™ in 2011.
- CSSP synthesized research on resiliency, positive youth development, neuroscience, and traumatic stress to understand how to truly promote healthy growth and optimal outcomes for young people.
- Youth Thrive™ is an approach based on a set of principles that translates into clear and concrete recommendations for any adult working with vulnerable youth.

Research-Based Training: Child and Youth Care Foundations

The Academy for Competent Youth Work is effectively transforming the practice of child and youth care by focusing on these core goals:

- 1) Prepare a competent, international youth care workforce;
- 2) Help youth care organizations develop and implement research-based best practices;
- 3) Advocate for quality services for children, youth, and families; and
- 4) Advocate on behalf of Child and Youth Care Practitioners.

Research- Based Training: Child and Youth Care Foundations (Cont'd)

The Child and Youth Care: Foundations course is eight 5-hour modules that include the following topics:

- Introduction to Professional CYC Practice
- Professional Ethics and Regulation
- Brain-based Guidance Techniques
- Assessment and Documentation
- Communication
- Developmentally-based Programming
- Relationship Development
- Group Work
- Activity Development and Leadership
- Supervising Children and Youth

Research-Based Training: Youth Mental Health First Aid

- National Council for Behavioral Health
- Facilitated by a certified trainer
- 8-Hour certification course
- Designed for adults who work with youth (teachers, case managers, program coordinators, advocates, foster parents, youth care workers, peer youth counselors and others).
- Participants receive certification
- Participants provide feedback through evaluation
- For more information: <https://www.mentalhealthfirstaid.org/cs/wp-content/uploads/2014/05/Youth-Mental-Health-First-Aid-Overview.pdf>

Research-Based Training: Youth Mental Health First Aid (Cont'd)

- Introduces participants to the unique risk factors and warning signs of mental health problems in adolescents
- Builds understanding of the importance of early intervention
- Teaches individuals how to help adolescents (ages 12-18) who may be in crisis or experiencing a mental health challenge
- Highlights a 5-step action plan that includes the use of role-play and simulations to demonstrate how to
 - Recognize and assess symptoms of a mental health crisis
 - Select interventions
 - Provide initial help
 - Connect young people to professional peer, social and self-help care.

RHYTTAC E-Learning

What is E-Learning?

- Library of archived webinars facilitated by RHYTTAC and SMEs
- Each webinar provides a summary and objectives
- Some webinars will require both pre and post testing
- Testing is required to receive a certificate of completion

Getting Started

- Registration Link-
https://rhyttac.memberclicks.net/index.php?option=com_mcform&view=ngforms&id=33635#/
- Submit an application
- Allow up to 72 hours for the account to be set-up
- Receive an email confirmation from RHYTTAC to include sign-in details and E-Learning manual

Accessing RHYTTAC E-Learning

Accessing Your Account

- Sign in Link - <http://rhyttac.training.reliaslearning.com>
- Enter username and password
- If you experience log-in or webinar access challenges, request technical assistance at https://rhyttac.memberclicks.net/index.php?option=com_mcform&view=ngforms&id=33389#/

Accessing Archived Webinars

- Select Tab “Training & Enrollment”
- Select webinar of interest by strolling down or via the search box
- Enroll and review now or later
- Review the webinar
- Complete and pass the post test
- Receive a certificate of completion with print options

FYSB/RHYTTAC Human Trafficking Resources

- Family and Youth Services Bureau's (FYSB) Runaway and Homeless Youth Training and Technical Assistance Center (RHYTTAC) provides human trafficking resources to employees that are working within runaway and homeless youth (RHY) funded programs.
- This federally funded training portal is a web-based application containing training documents, PowerPoint presentations, and recorded webinar trainings.
- Learn more about the HT e-learning courses and resources at www.rhyttac.net/elearning.

Research

RHYTTAC is dedicated to providing grantees with the latest research impacting RHY youth and RHY providers.

The RHYTTAC website provides:

- Information about current research and references to recent publications about youth homelessness
<https://www.rhyttac.net/current-research>
- Guidance for utilizing Evidence-Based Practices (EBPs) as well as links to registries and interventions supported by empirical evaluation
<https://www.rhyttac.net/evidence-based-practices>
- A basic understanding of program evaluation, including logic models, outcomes and indicators
<https://www.rhyttac.net/evaluation>

Research (Cont'd)

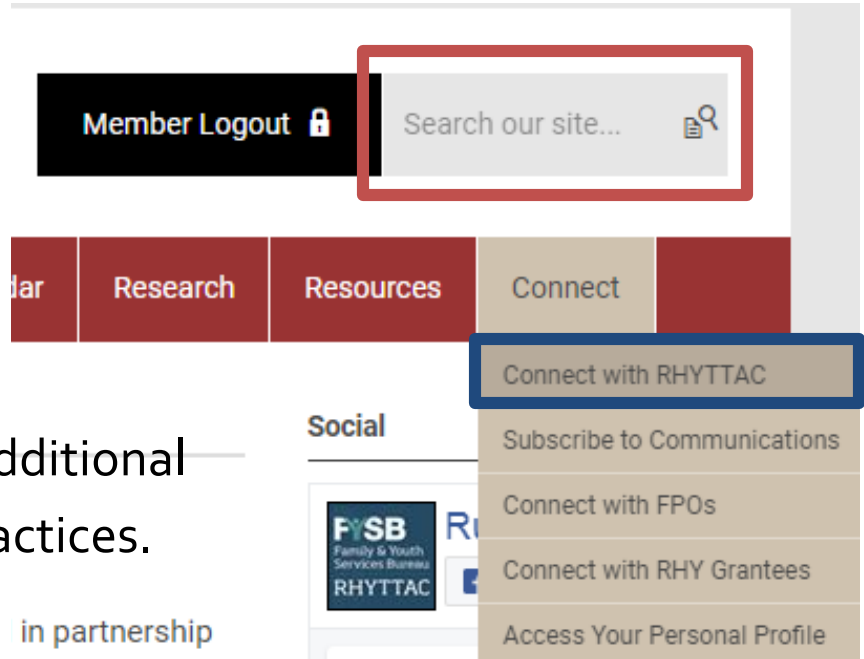
- Webinars available on eLearning include:
<http://rhyttac.training.reliaslearning.com>
 - Logic Models
 - 4 part Evidence-Based Practice series
- Contact RHYTTAC to request more information or technical assistance with:
 - Program Evaluation
 - Evidence-Based Practices

Resources

- Helpful resources are regularly posted to the RHYTTAC website.

<https://www.rhyttac.net/rhy-resources>

- You can use the “Search our site...” box on the RHYTTAC website to search by key word.



- “Connect with RHYTTAC” to request additional resources or information about best practices.
- Grantees share resources and best practices with each other on RHYTTAC Communities of Practice. <http://rhyttac.groupsie.com/main/summary>

RHY News

Federal announcements are posted to the RHYTTAC website as information emerges. This provides ongoing access to content from notifications about:

- Events
- Research and resources published by
 - FYSB
 - OAH
 - SAMHSA
 - Other federal agencies and partners
- RHY-HMIS upload periods and support resources
- FOA postings

Studies released by other sources relevant to RHY programs

Ways to Connect

- [Subscribe to Receive RHYTTAC Communications](#)
- [RHYTTAC Website](#)
 - [Connect with RHYTTAC](#)
 - [Connect with FPOs](#)
 - [Connect with RHY Grantees](#)
 - [Find RHY Grantees](#)
 - [Network with RHY Grantees on Communities of Practice](#)
- Email: info@rhyttac.net
- Social Media
 - Facebook: <https://www.facebook.com/RHYTTAC/>
 - Twitter: <https://twitter.com/RHYTTAC>



Runaway and Homeless Youth Training & Technical Assistance Center



Connect with Us!

(w) rhyttac.net

(e) info@rhyttac.net

(fb) [/rhyttac](https://www.facebook.com/rhyttac)

(tw) [@rhyttac](https://twitter.com/rhyttac)

(p) 888.290.7233

Operated by:

